

Canada - 5000 metres - men - national records

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12:58.16 - 6. Mohammed Ahmed - 06/09/2019 - Rome/ITA - DL
13:01.74 - 3. Mohammed Ahmed - 28/05/2016 - Eugene/OR-USA
13:10.00 - 12. Mohammed Ahmed - 11/09/2015 - Brussels/BEL - 39.VD
b.05/01/1991
13:13.96 - 11. Jeff Schiebler - 01/09/1998 - Berlin/GER
13:16.77 - 5. Jeff Schiebler - 28/08/1998 - Brussels/BEL - 22.VD
b.01/06/1973
13:22.08 - 3. Jason Bunston - 06/07/1996 - Hechtel/BEL
b.12/05/1972
13:22.68 - 9. Paul Williams - 02/07/1988 - Oslo/NOR
13:25.45 - 7. Paul Williams - 19/08/1987 - Zürich/SUI - WK
13:27.55 - 6. Paul Williams - 07/06/1986 - Eugene/OR-USA
13:29.18 - 4. Paul Williams - 16/07/1984 - Burnaby/CAN
13:32.2 - . Paul Williams - 26/05/1984 - Burnaby/CAN
13:33.15 - 6. Paul Williams - 04/06/1983 - Eugene/OR-USA
b.07/08/1956
13:34.4 - . Grant McLaren - 30/06/1974 - Warsaw/POL
13:38.4 - . Grant McLaren - 27/06/1973 - Toronto/CAN
13:40.0 - . Grant McLaren - 20/05/1972 - Bakersfield/
b.19/08/1948
13:42.0 - . Bob Finlay - 03/08/1968 - London/GBR
b.03/08/1943
13:43.8 - 1. Bruce Kidd - 02/06/1962 - Compton/CA-USA
13:56.4 - . Bruce Kidd - 02/06/1961 - Compton/CA-USA
b.26/07/1943
14:12.5 - . Douglas Kyle - 28/05/1960 - Modesto/CA-USA
b.22/07/1932
14:54.0 - . Ron Wallingford - 25/08/1956 - Hamilton/
15:16.2 - . Alfred Fisher - 07/06/1952 - Vancouver/CAN
15:42.2 - 2. Alex Decoteau - 09/07/1912 - Stockholm/SWE - 05.0G/h1
b.19/11/1887 - d.30/10/1917

NRu23

13:17.51 - 1. Justyn Knight - 05/05/2017 - Stanford/CA-USA
b.19/07/1996
13:33.05 - 1. Kurt Benninger - 25/03/2005 - Stanford/CA-USA
b.01/01/1985

NRu20

13:34.86 - 2. Justyn Knight - 02/05/2015 - Stanford/CA-USA
13:43.8 - 1. Bruce Kidd - 02/06/1962 - Compton/CA-USA

NiR

13:04.60 - 1. Mohammed Ahmed - 26/02/2017 - Boston/MA-USA
13:19.16 - 3. Cameron Levins - 16/01/2014 - Boston/MA-USA
b.28/03/1989
13:25.87 - 2. Jason Bunston - 20/02/1997 - Stockholm/SWE
13:40.25 - 5. Graeme Fell - 27/01/1984 - New York/NY-USA
b.19/03/1959
13:48.33 - 2. Paul Williams - 04/02/1983 - Toronto/CAN

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